

Lafayette Regional School

AUG. & SEPT. LUNCH MENU*

Alternative Menu Choices Offered Daily

Deli Picks

Pizza, Sunbutter & Jelly, or Grilled Cheese Sandwiches are offered everyday

Mon:

- Cafe Kids Plate- Yogurt, Cheese Stick, Salad, Cinnamon Grahams, & Fruit

Tues:

- Ham & Cheese Wrap with Lettuce & Bacon

Wed:

- Hot Dog on Bun

Thurs:

- Fruit & Yogurt Parfait

Fri:

- Burger on a Bun

SALAD PICKS

Tossed Salad with Cheese is available everyday

Salads Served with Warm Dinner Roll

Mon:

- Three Cheese Salad

Tues:

- Chicken Caesar Salad

Wed:

- Ham & Cheese Salad

Thurs:

- BCLT Salad

Fri:

- Ranch Chicken Salad

*Menu Subject To Change

Lunch Menu Pricing

Student Lunch: \$2.45

Lunch Reduced: \$0.40

Adult Lunch: \$3.10

Lunch Box Choice of the Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cape Codder Cranberries Sliced Turkey Granola Cubed Cheese	AUG 27 Hot Dog on a Bun Baked Beans Cole Slaw Fruit	AUG 28 Chicken Nuggets Roll & Butter Ranch Fries Beans Fruit	AUG 29 Pasta w/Meat Sauce Roll & Butter Peas Fruit	AUG 30 Cheese or Meat Pizza Tossed Salad Fruit	AUG 31 NO SCHOOL
Peaches & Cream Peaches, Yogurt, Chocolate Chips, Cucumber	3 NO SCHOOL	4 Beef Taco Bowl w/Fixings Corn Baked Beans Ice Cream Fruit	5 American Chop Suey Roll & Butter Peas Fruit	6 Chicken Patty on a Roll Carrots Ranch Fries Fruit	7 Cheese or Meat Pizza Tossed Salad Fruit
Pizza Parlor Pizza Sauce Pepperoni Slices Mozzarella Cheese Crackers	10 Shepherd's Pie Roll & Butter Green Beans Fruit	11 Chicken Nachos w/Fixings Corn Fruit	12 Pasta w/ Meatballs Roll & Butter Zucchini Fruit	13 Hamburger/ Cheeseburger on a Roll Salad Fruit	14 Cheese or Meat Pizza Tossed Salad Fruit
Veggie Crunch Box Baby Carrots Cucumber Sunbutter Granola Fruit	17 Hot Dog on a Bun Baked Beans Cole Slaw Fruit	18 Grilled Cheese & Tomato Soup Tater Tots Apple Crisp	19 Pasta & Meat Sauce Roll & Butter Green Beans Fruit	20 Hamburger/ Cheeseburger on a Roll Peas Fruit	21 Cheese or Meat Pizza Tossed Salad Fruit Cookie
Cape Codder Cranberries Sliced Turkey Granola Cubed Cheese	24 Chicken Parmesan w/Pasta Roll & Butter Zucchini Fruit	25 Brunch for Lunch French Toast w/Syrup Sausage Patties Tater Tots Orange Slices	26 Pasta w/ Meatballs Roll & Butter Green Beans Fruit	27 Mac & Cheese Roll & Butter Carrots Fruit	28 Cheese or Meat Pizza Tossed Salad Fruit Brownie

All Meals Served with Choice of 1% Milk, Skim Milk, or Fat Free Chocolate Milk