

Lafayette Regional School

# JANUARY LUNCH MENU\*

**Alternative Menu Choices**

**Offered Daily**

**DELI PICKS:**

Pizza, Sunbutter & Jelly, Grilled Cheese, or Hamburger are offered everyday

**Mon:**

- Cafe Kids Plate- Yogurt, Cheese Stick, Salad, Cinnamon Grahams, & Fruit

**Tues:**

- Ham & Cheese Wrap with Lettuce & Bacon

**Wed:**

- Hot Dog on Bun

**Thurs:**

- Fruit & Yogurt Parfait

**Fri:**

- Cheeseburger (NOT Chicken Patty)

**SALAD PICKS:**

Salads Served with Warm Dinner Roll

**Mon:**

- Three Cheese Salad or Garden Salad with Cheese

**Tues:**

- Chicken Caesar Salad or Garden Salad with Cheese

**Wed:**

- Ham & Cheese Salad or Garden Salad with Cheese

**Thurs:**

- BCLT Salad or Garden Salad with Cheese

**Fri:**

- Antipasto or Garden Salad with Cheese

**\*Menu Subject To Change**

**Lunch Menu Pricing**

**Student Lunch: \$2.45**

**Lunch Reduced: \$0.40**

**Adult Lunch: \$3.10**

Lunch Box Choice of the Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Veggie Crunch Box</b>		1 <b>HAPPY NEW YEAR!!!</b>	2 <b>Hamburger/ Cheeseburger or Hot Dog on WG Roll</b> Broccoli Fruit	3 <b>Chicken PATTy on WG Roll</b> Cumin Roasted Corn Applesauce	4 <b>Cheese Pizza</b> Hummus Celery  Fruit
<b>Pizza Parlor</b>  Pizza Sauce Pepperoni Slices Mozzarella Cheese Crackers	7 <b>Mac &amp; Cheese</b> <b>Chicken Nuggets</b> Butternut Cubes Cranberry	8 <b>Waffles &amp; Syrup</b> Sausage Home Fried Potatoes Strawberry Cup	9 <b>Chicken Parm Rotini Pasta</b> <b>Garlic Bread</b> Caesar salad Sliced Pears	10 <b>Hamburger/ Cheeseburger</b> Baked Beans Maple Glazed Carrots Mixed Berries	11 <b>Cheese Pizza</b> Hummus Celery  Fruit
<b>Peaches &amp; Cream</b>  Peaches, Yogurt, Chocolate Chips, Cucumber	14 <b>Nacho Bowl</b> Baked Beans Cucumber Wedges Strawberry Cup	15 <b>Shepherd's Pie</b> Peas & Carrots Blueberry Crisp	16 <b>Rotini w/ Homemade Meatballs &amp; Marinara</b> Caesar Salad Mixed Berries	17 <b>Roast Turkey Turkey Gravy WG Roll</b> Mashed Potatoes Carrots Peach Crisp	18 <b>Cheese Pizza</b> Baby Carrots  Fruit
<b>Cape Codder</b>  Cranberries Sliced Turkey Granola Cubed Cheese	21 <b>NO SCHOOL</b>  <b>CIVIL RIGHTS DAY</b>	22 <b>Hot Dog on a Roll</b>  Baked beans Mixed Fruit	23 <b>Beef &amp; Cheese Lazy Lasagna</b>  Caesar Salad Assorted Fresh Fruit	24 <b>Grilled Cheese &amp; Tomato Soup</b> Broccoli Pineapple	25 <b>Cheese Pizza</b> Garden Salad  Fruit
<b>Better Cheddar Box</b>	28 <b>Soft Beef Taco, Taco Fixings &amp; Rice</b> Mexicali Rice Corn Baby Carrots Fruit	29 <b>Chicken Nuggets with Sweet &amp; Sour Sauce</b> Fried Rice Fruit	30 <b>Homemade Meatballs Pasta</b> Broccoli Strawberry Cups	31 <b>American Chop Suey</b> Peas & Carrots Mixed Fruit	1 <b>Probably - Cheese/ Pizza</b>  Hummus Celery Fruit

**All Meals Served with Choice of 1% Milk, Skim Milk, or Fat Free Chocolate Milk**

